



Elaine Williams is a comedienne, speaker and all around inspiration. She struggled for years with cross and trans-addictive issues and now years clean and sober, she speaks to students on campus about her experiences, some of the perils of a reckless lifestyle and tools for students to use. Important to note, Elaine's tools are not all preaching prevention and a "stay away" message surrounding drugs and alcohol, but one of practicing general good health, both mentally and physically.

Her book, **"Stop The Madness! How To Identify Addiction Warning Signs in your Friends...and What to do About It"** is a great precursor for those interested in booking her show. "My goal is that this book ends up on everyone's toilet. To explain, I think there is a lot of misinformation about addiction and what is or is not a drinking problem, eating problem or drug problem. My goal is to help educate students and administrators about this."

Elaine says of all those affected by addiction, sometimes those we least expect to have problems are the ones most seriously in need simply because of their subtlety. It's easy to spot the falling-down drunk or the see-through anorexic, but those who struggle in silence can very often be the same people who have unexpected catastrophic meltdowns or go on miserable for years unbeknownst to those who care about them. "There are a lot of highly functioning people in society who have addictions and are suffering quietly.

Elaine isn't all gloom-and-doom however. The other half of her message is about hope and healing. "Part of my message is that laughter is healing. A lot of people think if you drink every day, you're an alcoholic. But it is more about what actually happens to you when that drug goes inside your body, whether you have a fundamental personality shift."

Elaine is very clear that our common conceptions often are dangerous. "Most people think of an addict as the old haggard guy wearing a raincoat laying in the gutter, but there are moms dropping their kids off at school with vodka in their water bottles, or a classmate sitting next to you ploughing through school on uppers. One of my primary missions is to open up an honest dialogue as to how we can understand, analyze and stop demonizing these issues which lead to even more secrecy and a further progression of the unfortunate cycle."

Elaine's true gift is her uncanny ability to connect with and relate to an audience. With years of experience as a stand up comic, Elaine is a master at breaking through the wall with students and building rapport, as well as sharing her own story so students feel on her level, not talked down to.

BOOK IT: Call Barbara Meyer at Admire Entertainment at (865) 365-3436 or contact@admireentertainment.com to find out how Elaine Williams can help get an open and honest dialogue started on your campus.

Elaine Williams

STOP THE MADNESS!

